Dear Friends of HOPE Foundation,

The sole mission of HOPE Foundation for Women and Children of Bangladesh is to provide healthcare to those who could not afford the care otherwise. HOPE Foundation provides important healthcare services to thousands of needy people every year through HOPE Hospital and HOPE medical centers in remote areas. In addition, HOPE brings about specialized care for obstetric fistula, cleft lip/palate repair, burn care and much more through its international partners such as Fistula Foundation, Smile Train, Resurge International and others. Currently, HOPE Foundation is undertaking major capacity building activities through its Community-based Midwifery Diploma Program and Community Health Communicator (CHC) Training Program in the southern part of Bangladesh. HOPE also conducts field research and collects important data about maternal and child health through a partnership with Medec Mobile. HOPE Foundation hosts over 50 international medical/health professionals, volunteers and students annually so they can gain valuable experience in international health in addition to offering their expert services to the people of Bangladesh.

HOPE Foundation came a long way in the past 14 years since its humble beginning in 1999. We strive to serve the community through knowledge, skill, and above all, compassion. HOPE maintains strong collaborations with other Government and Non-Government organizations in the area. At HOPE we believe in serving the underserved. I want to thank all our partners, donors, volunteers and well-wishers for their support. Our work would not be possible without you.

Sincerely,

Iftikher Mahmood, MD
President and Founder

DONOR'S PERSPECTIVE

Folks like me—someone who grew up in Bangladesh but now lives comfortably in the first world—have a serious debt of honor. We know first hand the conditions back home: not just the massive needs but also the mere pittance that it takes to completely and radically alter the trajectory of disadvantaged lives. Knowing what we know and being blessed the way we have been, it is our duty to do what we can to help. Because if not us, then who? However, the part that often gets lost in these testimonials is how much pleasure I get out of helping out. That pleasure is greatly enhanced because I managed to connect with Dr. Mahmood and HOPE Foundation. It is a simple alliance of convenience—HOPE does the work and I, in my own small way, expand HOPE’s reach. Everyone wins and has a smile on their face!

MUHIT RAHMAN
FOUNDER BANGLADESH RELIEF FUND
PARTNER, LNPARTNERS, SANTA MONICA, CA

In 2013, Valley Motors Inc. hosted a fundraising event for HOPE and donated from their automobile sales. “My intent was to support my manager and his daughter, Ashley, in their efforts to support HOPE. As the presentations unfolded I found myself very proud and pleased to be a part of supporting the fine work that HOPE is doing to better the health and lives of those they come in contact with. I hope others will take notice and lend their support to Dr. Mahmood and his efforts through the HOPE Foundation for Women and Children of Bangladesh.”

CHARLES FENWICK JR.
PRESIDENT, VALLEY MOTORS INC.
Baltimore, MD
MATERNAL HEALTH

HOPE reached out to 160 mothers to provide postnatal care services and 408 gynecological visits. HOPE’s 38 Mothers’ Clubs continue to provide education to vast and remote communities on vital topics such as nutrition, breastfeeding, reproductive health, family planning, antenatal care and sanitation. Workshops and observance of international days such as Safe Motherhood Day, Midwifery Day, Immunization Day and others help circulate critical information in a fun and participative manner to our mothers.

DIARRHEA ACCOUNTED FOR
1,016 CHILDREN'S VISITS
AND
1,937 CHILDREN WERE TREATED FOR PNEUMONIA.

MALNUTRITION LEADS TO COMPLICATIONS, EDUCATION AND COUNSELING TO MOTHERS HAS GREAT IMPACT ON THE HEALTH OF THEIR CHILDREN.

HOPE’S MOTHERS’ CLUBS SERVE AS HOPE’S GATEWAY TO REMOTE VILLAGES AS WELL AS KEY EDUCATIONAL HUBS FOR DISSEMINATING HEALTH INFORMATION TO OTHER LARGER GROUPS OF WOMEN.

CHILDREN’S HEALTH

Protecting the lives of those most innocent is paramount. Children need comprehensive care particularly in their first five years of life. To ensure a healthy future generation, HOPE provided 396 children immunizations through WHO’s EPI program to protect them from contagious diseases. In 2013 the most predominant diseases children were treated for were pneumonia and diarrhea, respectively. This highlights the need for preventive care as well as comprehensive health including nutrition, immunizations, and regular check-ups. The common cold, typhoid, malaria, tuberculosis and jaundice were other common sicknesses HOPE’s doctors came across in child patients. Services for vision, dental, skin and gynecology for girls were provided routinely.

HOPE PROVIDED CLINICAL CARE TO 6,200 CHILDREN.
OBSTETRIC FISTULA

Obstetric Fistula occurs during obstructed labor whereby the mother develops a hole in her genitalia. Her baby is often still born. The hole in her genitalia causes her to leak urine constantly, and sometimes feces as well. The foul smell and stigma causes her husband and her community to abandon her. HOPE's Obstetric Fistula program is an important program as it is estimated that over 5,000 women in Cox's Bazar alone are suffering. Help from HOPE's partner Fistula Foundation, allowed us to complete 34 repair surgeries. Extensive outreach and education remains at the forefront of the program; our goal is to eradicate fistula completely from Cox's Bazar.

During labor I was home for one day and the next day I was taken to the district hospital. My baby died and I was transferred to the regional hospital where I stayed for 3 days. My husband left me. The community people hate me and insult me because of the smell. I am constantly leaking urine. I got one surgery at HOPE but am not cured yet so I came back for another. I want to get cured. I like HOPE hospital. I feel better after the surgery; much better but I want to be completely cured.

DURING LABOR I WAS HOME FOR ONE DAY AND THE NEXT DAY I WAS TAKEN TO THE DISTRICT HOSPITAL. MY BABY DIED AND I WAS TRANSFERRED TO THE REGIONAL HOSPITAL WHERE I STAYED FOR 3 DAYS. MY HUSBAND LEFT ME. THE COMMUNITY PEOPLE HATE ME AND INSULT ME BECAUSE OF THE SMELL. I AM CONSTANTLY LEAKING URINE. I GOT ONE SURGERY AT HOPE BUT AM NOT CURED YET SO I CAME BACK FOR ANOTHER. I WANT TO GET CURED. I LIKE HOPE HOSPITAL. I FEEL BETTER AFTER THE SURGERY; MUCH BETTER BUT I WANT TO BE COMPLETELY CURED.

A Fistula sufferer

BURN

In 2013 HOPE formed a new partnership with Resurge International, a U.S. non-profit based in California, which works extensively on repairing burn injuries and deformities. Resurge International visited HOPE Hospital and performed 28 surgeries on burn contractures. Moreover, the trip delivered on a second object of medical exchange and training. Resurge trained our hospital staff and frontline village health workers in burn care and treatment, improving the local capacity of Cox's Bazar.

CLEFT LIP/PALATE

Repairing cleft lip/palate remains a strong program at HOPE Hospital. Smile Train doctor, Professor B.K. Das, performed regular surgeries throughout the year. In 2013 HOPE completed 53 cleft lip/palate repair surgeries through a series of repair camps to an array of patients.

IN BANGLADESH, IT IS ESTIMATED THAT OVER 5,000 CHILDREN ARE BORN WITH CLEFT LIP/PALATE PER YEAR.
RESEARCH

In a region like Cox's Bazar where an ample proportion remains rural and untouched, research revealing health statistics is limited. At HOPE we know we must do the groundwork of discovering the particular problem, why it exists, and how those we serve would like to see the problem resolved, if we want our projects to be impactful.

A partnership with Medie Mobile began the Bangladesh Antenatal Care with SMS (BANGCS) research project. The purpose of this study is to evaluate the impact of a Village Health Worker (VHW)-mediated, SMS (text message) supplemented, home-based antenatal care program on the proportion of mothers who deliver with a skilled attendant. This project began in June of 2012 and is in its second phase as of July 2013.

In the first phase 51 patients were enrolled, exceeding our target. In the second phase 248 patients were enrolled for a total of 769 study participants. The research will reveal how effective door-to-door service with a technology component is in ensuring pregnant mothers receive antenatal care services and are educated on the importance of delivery by a skilled health professional. We greatly look forward to see the outcome in 2014.

SERVICES PROVIDED IN 2013

COMMUNICABLE DISEASES BY CASE

- Typhoid
- Malaria
- Hepatitis
- Tuberculosis and Measles
- Common Cold

NON-COMMUNICABLE DISEASES BY CASE

- Diarrhea
- Pneumonia
- Asthma
- Hypertension
- Diabetes
- Urinary Tract Infection
- Gynecological Visits
- Peptic Ulcer
- Other: ENT, Vision, Dental

SURGICAL OPERATIONS

- Ovarian Tumor
- Breast Tumor
- Hysterectomy
- Appendectomy
- Circumcision

HOPE HOSPITAL AND HOPE MEDICAL CENTERS PROVIDE A MULTITUDE OF SERVICES AND CARE. IN ADDITION TO THESE FACILITIES, HOPE ALSO TAKES PRIDE IN AN INPATIENT CLINIC, 24 HOUR EMERGENCY CARE, PATHOLOGY LAB, X-RAY, ECG, USG, PHYSIOTHERAPY, AND AMBULATORY TRANSPORT.
STRENGTHENING A COMMUNITY

PREGNANCY AND DELIVERY SHOULD NOT BE A RISK BUT A SAFE AND BEAUTIFUL EXPERIENCE.

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